

connect

with someone who cares

13 11 14



Lifeline

**For emotional support call 13 11 14  
24 hours a day, 365 days a year.**

Lifeline also provides a range of mental health and suicide prevention services at both a national and local level.

For more information about Lifeline or to show your support visit [www.lifeline.org.au](http://www.lifeline.org.au)

