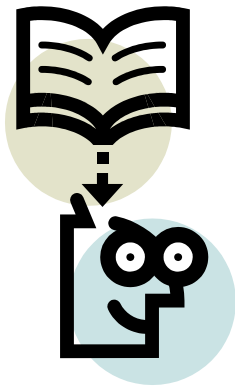


After T4T - Trainer resources and expectations

All ASIST workshops must be conducted in accordance with the Trainer Manual with at least one other trainer. The following resources will help shape your trainer development.



Workshop preparation

The next phase of preparation, beyond T4T, involves significant preparation time prior to each of your first few workshops.

A new trainer often needs to devote between 20-30 hours to reading and reviewing the manual and to meeting with other trainer team members prior to the workshop presentation.

After a few workshops most trainers feel less need for preparation. However, working with different trainers or presenting parts of ASIST that you haven't presented before, increases preparation time again.

Additional Trainer Resources

- **Early coaching trainer support.** LivingWorks Coaching or Consulting trainers will review and respond to you about feedback after your first few workshops. You may wish to contact them by phone or email to clarify points in your early preparations.
- **Demonstration DVD.** A DVD demonstrating all parts of the ASIST workshop is now available for purchase from the LivingWorks office to help in your preparation.
- **Peer support networks.** We encourage you to identify other ASIST trainers in your area who can provide ideas and support in your trainer development.
- **Regional networks and refresher groups.** Coaching or consulting trainers conduct regional refresher groups to promote trainer networking and sharing of ideas on marketing, preparing for and providing ASIST.
- **Workshop promotion.** Brochures and other marketing / promotional available from our office or website.
- **Listing your workshops on our website.** By providing our office with details of your upcoming workshops, we help you promote ASIST on our website.

Trainer Registration and Recognition

Trainer candidates become **Provisional Trainers**, authorised to provide ASIST, upon completion of the five-day Training for Trainers Course.

Provisional Trainers become fully **Registered Trainers** upon completion of at least three workshops within a year of the training.

Registration is then maintained by presenting at least two workshops a year. However, it is strongly recommended that you set a goal of at least three workshops a year to maintain your understanding of ASIST and build on your training investment.

Further trainer development

The registration expectations (above) are minimum standards. We encourage and seek to support opportunities for ongoing development in the trainer role (see previous page).

We will acknowledge with a certificate, trainers who have:

- Conducted at least ten workshops, including two in the previous year and
- Presented all parts of the ASIST workshop;

And completed at least two of the following:

- Attended a regional refresher meeting in the previous fifteen months;
- Involved a coaching or consulting trainer in reviewing their workshop and agreeing on a professional development plan in response to feedback;
- Viewed the training DVD and discussed learning arising by phone or in person with a consulting or coaching trainer;
- Conducted an ASIST Tune-Up.

Ways to recognise further trainer milestones development are being considered. We welcome your suggestions.

Trainer development and credentials

Professional development has value in its own right and benefits consumers.

However, we are increasingly approached by organisations seeking to engage trainers who have met certain standards and shown evidence of professional development. Meeting requirements like those above will increase your ability to access training opportunities.

Being part of a Registered Training Organisation and having Certificate IV credentials in Workplace Training and Assessment or equivalent prior learning are also increasingly sought as basic requirements.

Self-care and Trainer networks

We strongly encourage all trainers to support one another in their role and to seek support within their organisations for their suicide intervention training work.

Generally, trainers gain more satisfaction in their work and develop their effectiveness if they are part of local or regional trainer networks. Mixing and matching trainer teams increases the capacity for support and new learning. If direct involvement in a trainer network is difficult for you in more remote areas, virtual networks by phone and email are an option.

If you would like to discuss any issues associated with trainer development role more fully email us at info@livingworks.org.au. We will make a time to talk with you or put you in contact with someone in your area or network.