Domestic and Family Violence Awareness training aims to provide basic skills and awareness to assist with this issue.

Why this training is important?

Research tells us that employees are more likely to see support from a work colleague than from a manager or formal support pathways.

It is important employees have the basic skills and awareness of Domestic and Family Violence to help assist them.

Introduction to Domestic and Family Violence training covers the different types of abuse so participants will understand what signs to look out for.
At the end of the training, participants will have a high-level understanding of what to do and what not to do if they suspect someone is experiencing domestic and family violence.

The training helps to

- Understand what domestic and family violence is.
- Explain the main causes and prevalence of domestic and family violence.
- Outline the different categories of domestic and family violence.
- Know what to do and what not to do if you suspect someone is experiencing domestic and family violence.
Course Delivery

Our courses are a blend of instructor-led and self-led courses.

The instructor-led courses can be delivered virtually or face-to-face, providing an interactive and thought-provoking learning experience.

Lifeline Workplace and Community Training Introduction to Domestic and Family Violence training consists of:

- 1-hour live or recorded webinar
- 2-hour instructor-led workshop delivered face-to-face or virtually.

Our programs are developed by trainers and subject-matter experts, with continuous improvement strategies in line with the needs of communities.
What some of our participants have to say

"Facilitated so well by Di! Made the training interactive and really got across some powerful messages."

"Extremely engaging video - found this helpful to hammer home the structural elements driving this issue."

"Great session that provides a better understanding of DFV and how to help someone in need. The biggest thing I will take away from the session is just to be there if and when someone needs help."

For more information:
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