



Workplace Training



Introduction to Domestic and Family Violence

This Introduction to Domestic and Family Violence aims to provide a high-level overview of Domestic and Family Violence in Australia.

DFV is a widespread issue that significantly impacts individuals, families and communities as well as workplaces.

Domestic and Family Violence is more than just physical abuse, this training covers the different types of abuse so participants will understand what signs to look out for.

At the end participants will have a high-level understanding of what to do and what not to do if they suspect someone is experiencing DFV.

Including:

- Understand what Domestic and Family Violence is
- Explain the main causes and prevalence of Domestic and Family Violence
- Outline the different categories of Domestic and Family Violence
- Know what to do and what not to do if you suspect someone is experiencing DFV

No pre-existing skills or knowledge are required.

For more information:

E: workplacetraining@lifeline.org.au

W: lifeline.org.au



Workplace Training



Delivery

Interactive Facilitator-led session delivered virutally

Total Course Duration

1 hour

Structure

Facilitator led

Pricing available on request

"Great session that provides a better understanding of DFV and how to help someone in need. The biggest thing I will take away from the session is just to be there if and when someone needs help."

- Participant - Dyson Asia Pacific

"Very well presented information and helped instil confidence of what to do when we need to support a team member . Thank you for a great session.."

- Participant - Dyson Asia Pacific



About Workplace Training

Lifeline Australia offers a range of training programs based on the development of mental health awareness and skills. By choosing a Lifeline training program you benefit from our experience and expertise, built on decades of delivery as a leading provider in the mental health sector.

What sets Lifeline apart?

We are a leading provider of crisis support, mental health and suicide prevention programs in Australia,

We are a Registered Training Organisation (RTO)

Our approach is evidence informed

Best practice programs delivered nationally by qualified and experienced Lifeline trainers

Developed by trainers and subject matter experts

Externally evaluated and continuously improved

About Lifeline

Lifeline is a national organisation that has been providing a range of crisis support and suicide prevention services in Australia for more than 50 years.

We specialise in the areas of crisis support, suicide prevention, mental health & well being as well as domestic and family violence awareness.