



Workplace Training



DV-Aware - 2hr course

Domestic and Family Violence is more than just physical abuse, this training covers the different types of abuse so participants will understand what signs to look out for.

This session will help participants identify the initial signs of domestic and family violence, and know how to respond appropriately and refer colleagues, friends and family members if necessary.

At the end of the awareness session, participants will be able to:

- Identify the different signs and forms of abuse that constitute domestic and family violence.
- Familiarise themselves with the Cycle of violence and Duluth wheels – power and control, equality and empowerment.
- Reflect on and share what they can do if they know someone who is experiencing domestic and family violence.
- Have an opportunity to network with other individuals.
- Receive tools and references for domestic and family violence support and referral.

For more information:

E: workplacetraining@lifeline.org.au

W: lifeline.org.au



Lifeline

Workplace Training



Delivery

Interactive Facilitator-led session (virtually or face to face)

Total Course Duration

2 hours

Structure

Facilitator led

Pricing available on request

"A great introduction for supporting our teams with D&FV. This 2hr session has prompted me to learn more. This was a great starting block."

- Anonymous - Dyson Asia Pacific



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About Workplace Training

Lifeline Australia offers a range of training programs based on the development of mental health awareness and skills. By choosing a Lifeline training program you benefit from our experience and expertise, built on decades of delivery as a leading provider in the mental health sector.

What sets Lifeline apart?

We are a leading provider of crisis support, mental health and suicide prevention programs in Australia,

We are a Registered Training Organisation (RTO)

Our approach is evidence informed

Best practice programs delivered nationally by qualified and experienced Lifeline trainers

Developed by trainers and subject matter experts

Externally evaluated and continuously improved

About Lifeline

Lifeline is a national organisation that has been providing a range of crisis support and suicide prevention services in Australia for more than 50 years.

We specialise in the areas of crisis support, suicide prevention, mental health & well being as well as domestic and family violence awareness.

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