

# Ballarat Support Services



In an emergency call  
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## Mental Health

**Grampians Psychiatric Triage**  
1300 661 323

**Pomegranate House**  
(St John of God Mental Health)  
53202260

**Raphael House**  
(St John of God Perinatal/Infant  
Mental Health)  
53202016

**Youth Community Mental  
Health Services**  
1300 247 647

**Grampians Health Adult Mental  
Health Services**  
5320 4100

**Grampians Health Infant &  
Child Mental Health Services**  
5320 3030

**Headspace Ballarat**  
5304 4777

## Community

**Ballarat Community Health**  
53384500

**Uniting Ballarat**  
5332 1286

**Victims Assistance Program**  
**CatholicCare**  
1300 033 818

## Families

**Orange Door**  
1800 219 819

**Child & Family Services (CAFS)**  
5337 3333

**Berry Street**  
5330 5000

**Relationships Australia Ballarat**  
5337 9222

**Carer Support Service**  
**Grampians Health**  
5333 7104

## General Practice

Updated list of General Practices for  
Ballarat & District  
[https://westvicphn.com.au/health-  
professionals/practice-support/health-  
directory\\_](https://westvicphn.com.au/health-professionals/practice-support/health-directory_)

## Priority Populations



**BADAC**  
5331 5344



**QHub**  
1800 542 847

Lifeline phone 13 11 14 | Lifeline text 0477 13 11 14