



ASIST[®]

Applied Suicide Intervention Skills Training

FOCUS

ASIST is a two-day interactive, skill-building workshop that prepares professionals and caregivers (of all kinds) to provide suicide first aid interventions.

Learn to:

- Recognise people who may be having thoughts of suicide
- Ask them about suicide, hear their story and understand their situation
- Help them keep safe and develop an effective personal safe plan
- Connect them to community supports and resources

WHEN

Wednesday March 4 and Thursday March 5, 2026
9am – 5pm

Note: participants must attend both full days to receive a training certificate

WHERE

BALLARAT

Venue to be confirmed

COST

\$435 (plus GST) per participant for two days of training.
Cost includes materials and light refreshments on both days

BOOK NOW

<https://www.trybooking.com/DISHG>

REGISTRATIONS CLOSE MONDAY, MARCH 2, 2026



TO FIND OUT MORE:

LIFELINE BALLARAT – COMMUNITY AND WORKPLACE TRAINING TEAM
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